



# IPS Group of Colleges

## Women Counseling Cell

Date: December 09, 2016

### NOTICE

It is here by informed that a Workshop on 'Yoga' for Girl students of IPS GOC is going to be held on December 17, 2016 at Indoor Stadium. There is no extra charge for the workshop. Interested students can give their name to undersigned by December 12, 2016. All the participants are required to come in loose fitting outfit and bring a yoga mat to practice. Registration is mandatory to plan workshop effectively.

All the girl students are advised to attend the workshop.

Anupma Agarwal  
Head, Women Counseling Cell

**Copy to:** Office of the Director/Dy. Director/CAO/All Principals/All HODs/NB